

SoulSALT™ Academy Overview

Kick-Off Three Intensive Days

TBA

THINGS TO KNOW:

Continental breakfast and full lunch included. Students must provide their own travel arrangements.
Coach Kit provided on Thursday at Kick-Off. Surrounding hotel & local weather info TBA.
Daily Agenda & Skill Tracking Sheet provided. Dress comfortable.

MENTOR COACH

In holding you accountable to your learning track, you will be assigned a SoulSalt Certified Coach and will meet via phone twice per month for approximately 45 minutes per call.

22 CLASSES

Approximately 11 Months

1. Refer to class schedule provided at Kick-Off.
2. Conducted twice a month via: bridgeline conferencing.
3. One hour in length.

SELF STUDY

Strategies, Modules, MP3's,
Worksheets

1. The 'Should' Module
2. Now and Later
3. Focus Matrix
4. Time Budget
5. Decision Making—A
6. Decision Making—B
7. Risk Analysis
8. The 5 Options

ASSIGNED READING

Three books outside of the curriculum will be required reading material.

1. Coaching For Performance 3rd edition by John Whitmore. Provided at Kick-Off.
2. Strength Finder - Provided at Kick-Off.
3. One assigned by your Mentor Coach.

PRACTICUM

Coaching Journal – Provided at Kick-Off

1. Two Pro Bono Case Studies for 3 – 9 week engagement.
2. Keep notes on progress.
3. Final review / Successes and Wins.

CERTIFICATE OF GRADUATION

1. Written Test.
2. Live coaching session taped & reviewed by the Testing Board.

Your Certificate of Graduation puts you on the path for the next step as you expand your coaching career. This will align with continued education for ICF accreditation and it could include a nomination to become a Certified SoulSalt Coach, etc.