

Andrea Lang loves life and for that reason she's a natural coach. Her understanding of the power of individuality brings a vibrant and unique style of support to each of her clients.

Not one to sit around, she is constantly in motion. You might catch her training for a marathon (she's completed more than fifteen marathons and at least twice that many half marathons) or you'll find her enjoying personal time with one of her three children. Another day you might find Andrea creating magic with leaders and students within the Paul Mitchell School and Salon systems. She is a whirlwind of purpose.

Andrea knows how to blend her personal and professional lives with an understanding of the importance of compassion and charity. Not only does she work for a living, she serves and gives philanthropically from her heart as well. Due to her contributions to her community and her unique business acumen and balance, Andrea specializes in Life Coaching and Goal Setting.

Being completely open to life with all its amazing potential, Andrea is able to envision the endless possibilities of her clients while holding a space as they explore new pathways to success and happiness.

Her training through Soul Salt and mentoring by Lyn Christian has prepared her for this journey of being fully invested while assisting her clients in finding their personal truths.

To contact Andrea for coaching sessions write "Coach Andrea" in the subject line of an e-mail along with your request. Send to info@soulsalt.com or call 801-638-3403.