

SoulSALT™ Lyn Christian

Coach Bio



The old bio and resume' will tell you that I spent 15 years in the world of academics as an award winning teacher. They list numerous books, training programs and articles to my credit. They talk about credentials in project management and mastery level coaching. They name me as a Director of Innovation in my last two corporate stints and currently living as a free agent having founded SoulSalt Inc. Honestly, I've grown weary of titles and letters behind my name. I'm more interested in telling you what a resume or traditional bio fails to note:

They fail to say how passion was spent along the way in every venture, every project.

They won't talk about parenthood or my greatest accomplishments: three amazing adult children, supportive loving friends, and endless heart connections around the world.

The old traditional documents can't reflect the zeal I experience when championing the free agent worker who is living their lives and earning their living by doing those things that inspire them.

They won't discuss the fire I have in my belly about maximizing each and every capacity I and my clients have. Nor will they express how my physical and mental strength and endurance are at a life-time high.

They won't be able to illustrate how firmly SoulSalt Inc. is founded on my own purpose or how the healthy return on investment gained by clients has placed me at 100% referral. (For every dollar they spend on coaching they typically get a minimum of \$4.00 back.)

My monthly articles reflect my thinking and learning best and one conclusion I've gained so far is that:

The longer we live with open hearts and minds, the less and less we live from ego.